

Macquarie University Snorkeller Induction form

Name: _____ Student/staff number: _____

I have been advised of Macquarie University's snorkelling procedures, and I agree to abide by them including any instructions by the University Dive Officer, Snorkel Coordinator, Snorkel Guide, or Vessel Master.

I am able to:

Swim 200m continuously without aid (without fins): *Yes / No*

Tread water for 3 minutes: *Yes / No*

(Snorkel Guides & Coordinators only): tow a tired snorkeller 200m (with fins): *Yes / No*

Snorkelling experience:

Have you been snorkelling before: *Yes / No*

If Yes, when / where was the last time you were snorkelling: _____

Medical declaration:

I declare that I have been advised snorkelling can be a strenuous physical activity and may increase the health and safety risks to me if I am suffering from:

- **Any medical conditions that may be made worse by physical exertion.** For example heart disease, asthma, some lung complaints: *Yes / No*
- **Any medical condition that can result in loss of consciousness.** For example some forms of epilepsy and some diabetic conditions: *Yes / No*
- **Asthma that can be brought on by cold water or salt water mist.** *Yes / No*

I hereby inform the UDO of any medical condition that could be fall in to any of the above categories. List conditions or indicate not applicable: _____

Signature _____ Date _____

Relevant qualifications:

If you possess any of the following qualifications, please list the qualification and date of received (This section is required for Snorkel Guide and Coordinators only):

- First Aid qualification: _____ date: _____
- CPR qualification: _____ date: _____
- O₂ provider qualification: _____ date: _____
- Open water diver qualification: _____ date: _____
- Rescue Diver qualification: _____ date: _____
- Life-saving qualification: _____ date: _____

UDO / Delegate use only:

Approved by: _____

referred for medical assessment (*Yes / No*) swim assessment (*C / NC / NA*) rescue assessment (*C / NC / NA*)

Approved as: *Snorkeller, Research Snorkeller, Snorkel Guide, Snorkel Coordinator.*

Notes: _____